

How To Profit From Trainers Statistics

Using A Winning Approach And Totally FREE Data

How to assess Trainers Statistics using the Racing Post.com

The following tutorial guide is designed to help you find profitable backing and laying angles through assessing trainer statistics, doing this will give you a big advantage over the punting masses, who generally ignore information that requires any effort to uncover.

In order to gain real benefits from following trainer statistics we must dig a little deeper than the bare facts presented to us in the stats tables in the Racing Post. These tables can be misleading and closer scrutiny of a trainer's record can often clarify certain aspects of their strike rates.

Once you have used these simple but effective methods a few times they will only take minutes to put into practice. Even better the same generic principles in this how-to-guide can be used to assess any, Flat or All Weather trainer's statistics using the Racing Post.com; thus making it a truly [profitable resource](#) to have in your betting portfolio.

Step 1: Visit the Racingpost.com>click on the Statistics tab on the home page



Seasonal Statistics

JOCKEYS

TRAINERS

OWNERS

HORSES

SIRES

FIRST CROP

GB Jumps

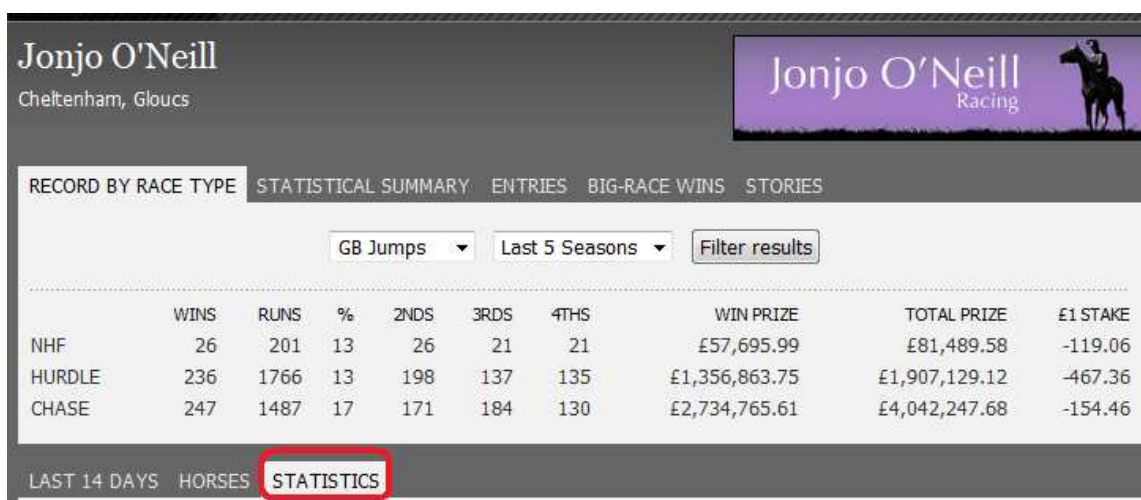
2010-11

Filter results

TRAINER	WINS-RUNS	2NDS	3RDS	4THS	WIN PRIZE	TOTAL PRIZE ↑	£1 STAKE
Paul Nicholls	80-318 25%	53	47	29	£761,844	£1,109,402	+6.71
Nicky Henderson	83-296 28%	42	37	30	£595,590	£857,439	-5.44
Nigel Twiston-Davies	75-468 16%	50	58	54	£580,508	£783,067	+0.41
Philip Hobbs	58-357 16%	56	47	34	£464,916	£683,095	-113.99
David Pipe	40-325 12%	45	26	27	£277,561	£487,750	-71.14
Jonjo O'Neill	75-571 13%	60	55	49	£311,886	£450,367	-137.06
Donald McCain	58-352 16%	59	42	35	£290,083	£449,345	-107.97
Evan Williams	69-424 16%	65	63	44	£274,425	£440,859	-36.38
Alan King	42-285 15%	46	44	34	£241,211	£392,440	-36.92
Tim Vaughan	71-405 18%	59	45	46	£222,438	£314,309	-128.19
Peter Bowen	52-303 17%	52	35	34	£187,260	£296,863	+16.73

Once you're on the Seasonal Statistics page click > Trainer's - select the criteria you would like to look at from the race type and year boxes then click **"Filter Results"** Doing this generates a list of all trainers that qualify for your search criteria. To analyze full details of an individual trainer, simply choose one from the list and click it.

After doing this you'll be presented with an overview of your selected trainers **Record by race type**. On the top row there are five tabs which are all clickable, each of these gives us further options to mine data.



Jonjo O'Neill
Cheltenham, Gloucs

RECORD BY RACE TYPE STATISTICAL SUMMARY ENTRIES BIG-RACE WINS STORIES

GB Jumps Last 5 Seasons Filter results

	WINS	RUNS	%	2NDS	3RDS	4THS	WIN PRIZE	TOTAL PRIZE	£1 STAKE
NHF	26	201	13	26	21	21	£57,695.99	£81,489.58	-119.06
HURDLE	236	1766	13	198	137	135	£1,356,863.75	£1,907,129.12	-467.36
CHASE	247	1487	17	171	184	130	£2,734,765.61	£4,042,247.68	-154.46

LAST 14 DAYS HORSES **STATISTICS**

Using these options makes it possible for us to assess trainers strike rates in far more detail. For example looking at screenshot above we can assess how many winners J.J.ONEIL has had over the last five seasons.

He has won 236 hurdles races from 1766 runs with a strike rate of 13% - In chase races 247 wins from 1487 runs with a 17% strike rate – In National Hunt flat races 26 wins from 201 runs. We can use the drop down boxes to select individual years or the last five seasons.

This gives us a basic insight into the trainers overall yearly performances by race type, although this is very generalized and we need to dig deeper to uncover [profitable backing and laying angles](#). In Step 2: we will look at how to assess a trainers strike rates by course.

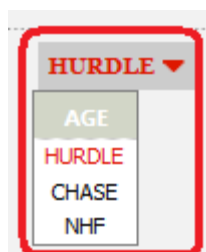
Step 2: Clicking the Statistics tab present us with several options, all with drop down menus which allow us to analyze various aspects of the data.

GB, JUMPS, TURF, YEAR, BY > **Course**, Month, Race, Type Jockey

COURSE	OVERALL GB JUMPS	STRIKE RATE	PROFIT/LOSS	RDLE ▼	PROFIT/LOSS
Aintree	14-90	16%	-13.97	20%	+20.09
Ascot	9-61	15%	-3.00	14%	+3.00
Ayr	0-5	—	-2.00	—	-2.00
Bangor-On-Dee	30-190	16%	-40.77	14%	-40.77
Carlisle	10-55	18%	-13.94	12%	-13.94
Cartmel	3-8	38%	+1.88	40%	+1.88
Catterick	1-7	14%	-2.00	—	-2.00
Cheltenham	19-183	10%	-58.26	6%	-58.26
Chepstow	13-125	10%	-39.50	6%	-39.50
Doncaster	1-21	5%	-15.00	—	-15.00
Exeter	14-118	12%	-10.25	12%	-10.25
Fakenham	10-43	23%	-11.78	22%	-11.78
Ffos Las	12-61	20%	-9.96	21%	-9.96
Folkestone	6-51	12%	-16.00	4%	-16.00
Fontwell	20-97	21%	+10.60	24%	+10.60

The above statistics clearly show that a trainer's strike rate can vary from course to course. For example at Aintree J.J.O Neil's statistics read...

14 wins from 90 runs – overall with a 16% strike rate for a profit of – 13.97 points to 1 pound level stakes. Those 14 wins came in hurdles races. To assess his strike rates in Chases and National Hunt flat races use the red arrow, *situated next to the race title*.



Looking further down the table we can see he has poor strike rates and at **Cheltenham and Chepstow**. By now you should begin to understand how using trainer stats will give you a valuable edge.


From the statistics page we can also assess a trainer's monthly strike rate for the last five seasons or by individual year. This is an extremely useful function which can highlight any noticeable monthly trends. The Screen shot below shows strike rates for the last five seasons.

[The national hunt season](#) runs from October to March each year, although there are still races in the summer the volume is a lot lower than in the winter. Looking at J.J.ONEILS race entries for - July and August we can clearly see this.

Monthly stats can be very useful when trying to assess a trainer's performance in a particular month. For example it appears that in January 2010 O'Neil had very poor win ratio with only 3 of his 75 runners actually winning, with a strike rate of just 4%, backing all his horse in that month would have resulted in a – 59.70 loss.

Jonjo O'Neill

Cheltenham, Gloucs



RECORD BY RACE TYPE
STATISTICAL SUMMARY
ENTRIES
BIG-RACE WINS
STORIES

GB Jumps
Last 5 Seasons
Filter results

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LAST 14 DAYS
HORSES
STATISTICS

GB Jumps
2009-10
Month
Filter results

MONTH	OVERALL GB JUMPS					
April 2009	2-3	67%	+2.50			
May	7-47	15%	-25.04			
June	11-49	22%	-1.38			
July	11-44	25%	+8.48			
August	7-26	27%	+0.51			
September	3-29	10%	-15.00			
October	8-60	13%	-11.70			
November	16-116	14%	-30.75			
December	12-89	13%	-30.69			
January 2010	3-75	4%	-59.70			
February	13-66	20%	+6.00			
March	6-75	8%	-32.75			
April	6-44	14%	+0.23			

HURDLE

AGE

HURDLE

CHASE

NHF


	—	+0.00
2-13	15%	-5.00
3-21	14%	-7.00
4-35	11%	-13.20
10-53	19%	+1.75
4-43	9%	-21.75
0-50	—	-50.00
7-38	18%	+0.00
1-48	2%	-45.38
3-14	21%	+6.73

The next profitable angle worth looking at is to assess a trainer's horses. To do this click the Horses tab and filter results by year.

Jonjo O'Neill

Cheltenham, Gloucs

Click here to view the Website



RECORD BY RACE TYPE
STATISTICAL SUMMARY
ENTRIES
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Filter results

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LAST 14 DAYS

HORSES

STATISTICS

GB Jumps
2009-10
Filter results

HORSE	OWNER	RPR	WINS	RUNS	WINNINGS	EARNINGS	£1 STAKE
Don't Push It	John P McManus	167	1	5	£521,053	£539,765	+6.00
Albertas Run	Trevor Hemmings	172	3	6	£273,648	£316,242	+26.00
Get Me Out Of Here	John P McManus	151	5	6	£100,038	£121,428	+12.22
Synchronised	John P McManus	154	3	4	£58,837	£59,732	+11.75
Nostringsattached	John P McManus	137	2	7	£43,394	£55,344	+0.50
Ringaroses	Mrs Nicholas Jones/Martin Broughton	140	2	3	£35,010	£35,010	+23.00
Can't Buy Time	John P McManus	153	1	4	£28,505	£29,175	+5.00
Nelson's Spice	John P McManus	134	2	5	£22,218	£22,218	+12.00
Tempsford	John P McManus	127	2	6	£18,052	£22,692	+3.00
Saphir Des Bois	F Lloyd	143	1	8	£15,872	£23,888	-4.25
Teeming Rain	John P McManus	123	1	7	£12,524	£13,479	+3.00
Factotum	John P McManus	135	3	6	£11,575	£15,275	+0.75
Sunnyhillboy	John P McManus	147	2	6	£11,210	£30,118	+0.67
Ayemdee	Mrs Sylvia Darlington	117	3	4	£11,122	£11,122	+6.83
Benefit Game	John P McManus	107	3	5	£11,045	£11,508	+9.23
Theatrical Moment	Masterson Holdings Limited	146	2	6	£10,891	£13,366	+0.06
Present Gale	John P McManus	120	2	4	£10,565	£11,722	+3.91
Keepitsecret	Mrs Gay Smith	138	2	6	£10,490	£26,422	-0.75
Donaldson	Exors Of The Late F S Williams	139	2	7	£10,174	£11,416	+1.25
Native City	John P McManus	116	2	5	£10,083	£12,327	+2.00
Engishtown	John P McManus	124	2	3	£10,083	£10,431	+6.00
Open Day	John P McManus	126	3	6	£9,450	£10,349	+6.88
Shadow Dancer	John P McManus	127	2	6	£9,283	£12,565	+2.50
Afistfulofpebbles	John P McManus	129	2	5	£8,973	£9,101	+10.50
Crocodiles Rock	John P McManus	136	1	2	£8,872	£9,826	+9.00

Searching trainer's stats by horse identifies which of the stables runners are worth following or avoiding from a profit and loss point of view.

This is an area where decent monthly profits can be obtained, especially when following the stables best prospects. You can create a list of horse to follow for stables that have good strike rates and reasonably consistent winners.

This is the method employed by professional backers and tipsters because it is based around selecting horses that have proven ability. You should look for horses that are improving and will go on to win again. Looking at screenshot on page above clearly shows following certain horses from the Jonjo O`Neil stable would have yielded some nice profits in 2010...

ALBERTAS RUN and RINGAROSSES collectively generated +49 points profit from just 9 races

There were many other horses lower down in the list but far too many to do a screenshot of. If you would like to analyze all a stables runners then visit the Racing Post online and follow the steps in this guide.

In next weeks FREE report we will look at the best ways to create a list horses to follow, although this approach is more traditional it should never be underestimated and can uncover some decent priced winners.

Creating a list of the most consistent horses from the top stables can be a very profitable angle as long as the right odds are obtained and you get your bets on before the horse's form peaks, preparation really is the key.

For more profitable angles, tips and free tutorials make sure to visit the [false favourites blog](http://false-favourites.co.uk/blog).

Backing horses simply because they have a top jockey riding them is generally a waste of time. The table below confirms this, although A.P. McCoy is undoubtedly the best jockey in Jumps racing history, following all his mounts for J.J. ONEIL for the last five seasons would have resulted in a huge loss of - 221 points.

Jonjo O'Neill

Cheltenham, Gloucs

Click here to view the Website

RECORD BY RACE TYPE

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GB Jumps

Last 5 Seasons

Filter results

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LAST 14 DAYS

HORSES

STATISTICS

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Last 5 Seasons

Jockey

Filter results

JOCKEY	OVERALL GB JUMPS				
A P McCoy	319-1611	20%	-221.54		
Noel Fehily	55-421	13%	-5.11		
Richie McLernon	55-580	9%	-194.15		
Mr A J Berry	37-237	16%	-45.82		
Richie McGrath	14-148	9%	-35.47		
Johnny Farrelly	5-56	9%	-22.17		
Dominic Elsworth	5-85	6%	-39.75		
Timmy Murphy	2-8	25%	+4.88		
Mr B Connell	2-10	20%	-0.25		
Seamus Durack	2-14	14%	-3.25		
Miss Jenny Carr	2-15	13%	-2.00		
Dougie Costello	2-25	8%	-6.00		
Mick Fitzgerald	2-32	6%	-21.25		
R Walsh	1-2	50%	+3.50		
Tony Dobbin	1-6	17%	+3.00		
Robert Thornton	1-9	11%	-2.50		
Sam Thomas	1-11	9%	+4.00		
Mr J T McNamara	1-13	8%	+8.00		
Wayne Hutchinson	1-14	7%	-11.25		
Gerald Quinn	1-41	2%	-37.75		
Alexis Acker	0-1	—	-1.00		
Andrew Tinkler	0-1	—	-1.00		
Brian Hughes	0-1	—	-1.00		
F M Berry	0-1	—	-1.00		

HURDLE

AGE

HURDLE

CHASE

NHF

	20%	-150.60
	12%	+27.21
	8%	-116.69
	8%	-56.52
5-68	7%	-13.00
2-30	7%	-9.50
1-37	3%	-22.00
1-5	20%	+5.00
0-0	—	+0.00
0-6	—	-6.00
1-8	13%	-2.00
1-13	8%	-5.00
2-21	10%	-10.25
0-0	—	+0.00
0-4	—	-4.00
0-1	—	-1.00
1-6	17%	+9.00
0-0	—	+0.00
1-9	11%	-6.25
1-34	3%	-30.75
0-1	—	-1.00
0-1	—	-1.00
0-1	—	-1.00
0-0	—	+0.00

The reason for this huge loss is because when A.P. McCoy partners the favourite the punting masses go completely overboard and back the horse irrespective of its form; basing their decision on flimsy facts such as top jockey/trainer combination.

The bookies are totally aware of this and reduce the odds to a point where there is virtually no value to be had, so it pays to back or [lay selectively](#). You should only stay on side with top jockeys when they are riding decent horses.

In Conclusion

This guide teaches you how to delve deeper into any trainer's statistics. So next time you see a 30% strike rate for a trainer at a particular course, ask yourself how was it achieved. Using the methods described you should be able to identify if that strike rate is warranted or indeed false. For example on occasions a high strike rate could have been achieved by just one or two select horses, rendering it pretty useless from an overall stats point of view.

Below are some pointers and tips to look out for when assessing trainer ability.

- Getting to know a stable's patterns and methods can be profitable as long as it is linked to horses that have proven ability.
- Avoid betting blindly on horses just because they come from one of the top stables and are mounted by one of the top jockeys. Instead learn to be disciplined and become a [race specialist](#).
- The top few trainers might have comparable strike rates at certain courses which will obviously make races more competitive and ideal for taking on [false favourites](#)
- If you bet every day check the current form of the top stables the night before the races. If you only bet at weekends then check the stats once a week. Doing this will help you to take advantage of any positive trends. Often when a yard hits top form those winners boost confidence, and some decent profits can be made within that timeline.

IMPORTANT

Trainer statistics change each week, month and year, therefore they are not set in concrete. Evaluation of current/ monthly performance will only be accurate if monitored regularly. Always be flexible and prepared to change your point of view.

Watch out for next week's free report on how to create a list of horses to follow

Many of the top professional backers and tipsters prepare a list of horses to follow each season. Following this approach will enable you to identify and understand various horses' strengths and weaknesses. Preparation is the key, but one thing is for sure if you follow quality horses on a list and only bet on them when they have conditions to suit you will make decent profits throughout the season.

